

COMMUNITY VOLUNTEERING EXPO

Thursday, October 24, 2024

6:00 to 7:30 p.m.

**Volunteer
to:**

Make
friends

Increase your
community
connections

Reduce your
risk of
developing
dementia*

Help non-profit
organizations
fulfill their
missions

Possibly
extend your
lifespan*

Be happier
& healthier*

Help others
in our
community

(*based on published research by psychologists and physicians)

**Please come to learn about the
following local non-profits and how YOU
can help them to help our community:**

- Cave Creek Museum
- Desert Foothills Land Trust
- Desert Foothills Library
- Foothills Caring Corps
- Foothills Food Bank
- Holland Center
- Horses Help
- Hospice of the Valley
- Kiwanis Marketplace
- Scully Learning Center

CTL
CHRIST THE LORD
LUTHERAN CHURCH

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CtLcarefree.org

**Refreshments
will be provided!**